



South Dakota High School Activities Association

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SDHSAA Fall 2020 Rule Modifications

Rule modifications are divided into three categories:

1. Mandatory- rule changes that must be followed until further advised
2. Optional- rules allowances that may be utilized if desired until further advised
3. Impermissible- items that are not allowed by SDHSAA rule

Golf

MANDATORY MODIFICATIONS	<ul style="list-style-type: none">• Follow all rules published by the host course and USGA guidelines that are in place for spectators, competitors and coaches alike. This includes leaving the flagstick and hole-barrier in place if the course is using that system for regular season play.• No-Touch Scorecards shall be used. The USGA and Golf Genius are working on a tutorial to show how this can be provided free of charge through the USGA Tournament Management App on any mobile device with a data connection. Rules regarding illegal use of electronic devices will remain in place for competitors.• Fans/Spectators and Rules Officials shall maintain a 6’ distance from all players throughout the round.• No Awards Ceremonies following play. Meet management shall distribute all awards to coaches, who will then present to the athletes. No draping of competitors in ribbons/medals.• No common distribution of water accessible to multiple parties.• Clean frequently touched areas, and provide ample hand sanitizer at all practices and contests.
OPTIONAL MODIFICATIONS	<ul style="list-style-type: none">• Consider “putting through” or “uninterrupted putting” by players when on the green to allow for safer distancing as the golfers who are not up are able to remain distanced on/around the green.• Consider “Circle 10” option for scoring, where if a player exceeds 10 shots on a hole, they simply pick up. This allows for more consistent pace of play throughout events.• Athletes and coaches are allowed to wear masks/face coverings, and are invited to bring their own water bottle.• Galleries should be limited to “paths only” and keep 6’ of distance between themselves and others throughout the round.

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Tennis

MANDATORY MODIFICATIONS	<ul style="list-style-type: none"> • Use numbered sets of tennis balls, with a different number for each competitor/doubles team, and only handle your numbered tennis balls. Clean balls with Lysol or Clorox. • Maintain social distancing as possible during play. Avoid fist bumps or handshakes prior to or following the contest. • Use your racquet or foot to move balls from your side to your opponent's side. • Switch courtsides on opposite sides of the court. • Clean frequently touched objects and areas and provide ample hand sanitizer for athletes and coaches.
OPTIONAL MODIFICATIONS	<ul style="list-style-type: none"> • Strongly encourage athletes and coaches wear face masks/coverings when not actively participating in the contest. • Athletes should use their own water bottle.

Soccer

MANDATORY MODIFICATIONS	<ul style="list-style-type: none"> • Rule 5-2: Pregame Conference should only be attended by the Head Coach and one captain from each team, be held at midfield with social distancing of 6' encouraged • Rule 6: Ballholders shall be given similar screening as athletes and officials prior to working the game and should maintain 6' of space throughout the contest from one another as possible • Rule 1: Team Bench areas may be expanded to allow more space for distancing. Areas must be marked by cones or lines to delineate what is and is not allowable space, and should not extend beyond the front line of the penalty area. • Officials' Table and Press Box areas should be limited to essential personnel only. Team Statisticians other than an official book shall remain in their team or spectator areas. • Post-Game – Officials should immediately leave the field area and not linger to shake hands with teams following competition. • No common distribution of water accessible to multiple parties. • Clean frequently touched areas, and provide ample hand sanitizer at all practices and contests • Substitutions should still wear pinnies, however, pinnies should be individual and not shared among athletes.
OPTIONAL MODIFICATIONS	<ul style="list-style-type: none"> • Athletes, coaches and officials are allowed to wear masks/face coverings, and are invited to bring their own water bottle. • Pre-Game introductions, if held, should be done immediately in front of each team's bench area (touch line) and not in the traditional "World Cup" format". No pre-game handshake lines should occur.
IMPERMISSIBLE MODIFICATIONS	<ul style="list-style-type: none"> • Officials may *not* use an electronic whistle or noise-maker without prior, specific, authorization from the SDHSAA office.

Competitive Cheer/Competitive Dance/Sideline Cheer

<p>MANDATORY MODIFICATIONS</p>	<ul style="list-style-type: none"> • Sideline Cheer (2-1-14, 2-1-16)- Participants shall be appropriately spaced on the court, field, or sideline to ensure proper social distancing • Cheer (3-1-1)- Any mask worn during a routine that does not involve stunting but involves tumbling must be taped and secure. • Dance (4-1-1)- Any mask worn during a routine that involves tumbling must be taped and secure • Cheer/Dance- Hands shall be sanitized prior to entering the performing surface. • Clean frequently touched areas, and provide ample hand sanitizer at all practices and contests
<p>OPTIONAL MODIFICATIONS</p>	<ul style="list-style-type: none"> • Cheer- Athletes should maintain their equipment themselves and there should be no other shared equipment, including, but not limited to: water bottles, poms, megaphones, and signs. • Cheer- Coaches should consider working with stunt groups in “pods” to limit the number of close contacts between students. • Cheer- Masks may be worn if not stunting or tumbling. • Cheer/Dance- Masks may be worn (see note above if tumbling) • Dance- Strongly encourage social distancing be considered when creating routines. • Cheer/Dance- Mat/surface areas should be sanitized regular per manufacturers recommendations. • Cheer/Dance- Strongly encouraged that there be no medal ceremonies. • Cheer/Dance- Teams compete in pods during competition and leave facility when pod is completed. • Athletes (when not competing), coaches and officials –strongly encouraged to wear masks/face coverings, and are invited to bring their own water bottle.
<p>IMPERMISSIBLE MODIFICATIONS</p>	<ul style="list-style-type: none"> • Cheer (3-1-1): No masks may be worn in routines that involve stunting.

Cross Country

<p>MANDATORY MODIFICATIONS</p>	<ul style="list-style-type: none"> • Rule 8-1-3: Course must be widened to ensure 6’ of width at its most-narrow point • Finish Corral/Chute: Removal of the “Chute” as an option for the finish area, and instead all meets must establish a “Corral” of over 100’ in length and 12’ in width to accommodate finishers • Awards: No awards ceremonies following play. Distribute awards directly from meet administration to coaches to provide to athletes. No draping of medals on competitors • Starting Boxes: Design start area with boxes of 6’ in width, with an empty 6’ box between each school/team. If unable to accommodate in a straight line, consider use of a staggered, wave or interval start. • No common distribution of water accessible to multiple parties. • Clean frequently touched areas, and provide ample hand sanitizer at all practices and contests.
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	<ul style="list-style-type: none"> • Spectators must not have access to athletes, and should be restricted to areas outside of the 6' course width and a minimum of 6' away from team camps, starting and finish areas.
OPTIONAL MODIFICATIONS	<ul style="list-style-type: none"> • For Students: Masks/face coverings may be worn. Each athlete should be required to bring their own water bottle. • Team Camp areas, if permitted, should be isolated from spectators or other non-essential personnel. Team camps should be only available to members of that specific team, and not a shared/common space.

Football

MANDATORY MODIFICATIONS	<ul style="list-style-type: none"> • Rule 1-2: Team Boxes may be extended length-wise to the 15-yard lines on either end to promote social distancing of 6' from one another in the team box. • Rule 1-3: Game Balls may be rotated more frequently than previously allowed to ensure cleaning and sanitization of balls between downs. "Ball Boys" should practice social distancing and must remain on their own teams' sideline or end-zone area during the contest (and not on the opponents sideline). • Rule 1-5: Face masks with integrated visors that connect to the entirety of the mask may be worn, as long as the visor is 100% clear and free of tint. • At this time – Cloth masks and face coverings are not permissible, as they affect the legality of and ability to properly wear chin straps and mouthguards. The NFHS SMAC will be releasing additional guidance on this matter soon. • Rule 2-6 & 3-5: Charged Time-Outs are to be 120 seconds in length. Conferences during Charged Time-Outs must be held within the nine-yard marks on the field and not at the sideline. More than one coach, however, may now be part of this nine-yard mark conference, and, technological devices may be used in this conference. • Rule 3-5: Quarter Breaks are to be 120 seconds in length as well and follow the same guidelines as above for a charged time-out. • Coin Toss: Only FOUR captains may attend per team. Eliminate handshake as required in manual. • Line-To-Gain Crew shall be located on the HOME team's sideline, regardless of orientation to press box. Chain-gang crew shall not enter the playing field. If a measurement is needed, officials should deliver chains to the field, not the chain crew. • Eliminate Individual Introductions of players/tunnel line from all contests. Starting Units can be introduced, but not with the run-through action of athletes as names are called. • No common distribution of water accessible to multiple parties. Each athlete must have his or her own Water Bottle. Officials should provide/be provided their own, specific beverage containers as well. • Clean frequently touched areas, and provide ample hand sanitizer at all practices and contests • NO NON-TEAM PERSONNEL IN THE TEAM BOX. Media and others must remain outside of the team box area at all times.
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OPTIONAL MODIFICATIONS	<ul style="list-style-type: none"> • Strongly Encourage facilities that use a shared sideline for both teams to reconfigure so that each team has their own sideline to enhance distancing. • Consideration that the only field-level personnel during contests are officials and team personnel. Media, parents, spectators, cheerleaders, etc., should be in a socially distant area of the facility away from the on-field action.
IMPERMISSIBLE MODIFICATIONS	<ul style="list-style-type: none"> • Gloves, if worn, must still meet the NOCSAE/SFIA specifications and cannot be non-compliant and worn during a football contest. • Officials may *NOT* use an electronic whistle/noisemaker without prior, specific, authorization from the SDHSAA office.

Volleyball

MANDATORY MODIFICATIONS	<ul style="list-style-type: none"> • Prematch Conference (1-2-4a; 1-6-2; 1-6-3; 2-1-10; 5-4-1h, k; 5-6-1; 7-1-1; 7-1-1 PENALTIES 1; 9-1a; 12-2-3) <ul style="list-style-type: none"> ○ Limit attendees to one coach from each team, first referee and second referee. ○ Move the location of the prematch conference to center court, by the first referee stand, with one coach and one referee positioned on each side of the net. All four individuals maintain a social distance of 3 to 6 feet. Coaches will indicate to the officials how many players are listed on their roster, so officials verify that number for the match. ○ Suspend the use of the coin toss to determine serve/receive. The visiting team will serve first in set one and alternate first serve for the remaining non-deciding sets. • Roster Submission: Suspend roster submission at the prematch conference. Rosters are submitted directly to the officials' table before the 10-minute mark. • Line up submission: Coaches will turn in a small court sample or service order for HOME team and VISITING team for each set at the table. • Team Benches (5-4-4b, 9-1-2, 9-1-2 NOTE, 9-3-3b) <ul style="list-style-type: none"> ○ Suspend the protocol of teams switching benches between sets. In the event there is a clear and distinct disadvantage (such as physical objects), teams may switch sides, observing all social distancing protocols. Officials will determine if a disadvantage is present. Crowds/Spectators are not a considered a disadvantage. ○ Limit bench personnel to observe social distancing of 3 to 6 feet where possible. ○ Only team personnel allowed on the benches. Stats/managers/book keepers etc. should find areas to other than the bench to sit. • Deciding Set Procedures [1-2-4b, 5-4-4c, 5-5-3b(26), 9-2-3c] <ul style="list-style-type: none"> ○ Move the location of the deciding set coin toss to center court with team captains and the second referee maintaining the appropriate social distance of 3 to 6 feet. A coin toss, called by the home team, will decide serve/receive. ○ Suspend the protocol of teams switching benches before a deciding set. In the event there is a clear and distinct disadvantage (such as physical objects), teams may switch sides,
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	<p>observing all social distancing protocols. Officials will determine if a disadvantage is present. Crowds/Spectators are not a considered a disadvantage</p> <ul style="list-style-type: none"> • Substitution Procedures (2-1-7, 10-2-1, 10-2-3, 10-2-4) <ul style="list-style-type: none"> ○ Maintain social distancing of 3 to 6 feet between the second referee and the player and substitute by encouraging substitutions to occur within the substitution zone closer to the attack line. ○ Athletes shall use hand sanitizer upon entering and leaving the contest. No high five or contact on the substitution exchange. • Officials Table (3-4) <ul style="list-style-type: none"> ○ Limit to essential personnel which includes home team scorer, libero tracker and timer with a recommend distance of 3 to 6 feet between individuals. Visiting team personnel (scorer, statisticians, etc.) are not deemed essential personnel and will need to find an alternative location. • Line Judges <ul style="list-style-type: none"> ○ Line judges will not carry the ball with them to their standing position at the time-out by the first referee. Instead, the server should just set the ball on the service line and it will be available upon their return to play. • Pre and Post Match Ceremony <ul style="list-style-type: none"> ○ At the end of the timed warmup, only the starters/libero (if using one) will be permitted on the end line for national anthem and introductions. When announced step forward and back. Non-starters will be at the bench are practicing social distancing. ○ The first referee and the line judge working on the first referee sideline stand to the right of the first referee’s stand. The second referee and line judge working on the second referee’s sideline stand to the right of the net post on the second referee’s side. The referees stand closest to the respective poles. All should face the court for introductions and face the flag for the national anthem. ○ After the national anthem and introductions, the first referee whistles and signals the players to enter the court. Line judges will take their respective positions; R2 will check the line-ups and play will begin. (Starters will not go back to team bench for instructions after the introductions are completed) ○ The handshakes both before and after the match will be eliminated. • Officials and Athletes should bring their own water/water bottle. • Hand sanitizer shall be available for athletes/coaches to use upon entering and exiting the contest (substitutions, timeouts, etc.) • Clean frequently touched areas, and provide ample hand sanitizer at all practices and contests
<p>OPTIONAL MODIFICATIONS</p>	<ul style="list-style-type: none"> • Teams should consider playing 20 dual matches and avoid tournament play until conference play and post-season events. • Rule 4-1 EQUIPMENT AND ACCESSORIES <ul style="list-style-type: none"> ○ Strongly encourage cloth face coverings for team personnel not actively participating in the contest, this includes coaches. Color is not an issue, a single, solid color is preferred. (4-1-4) ○ Gloves are permissible. (4-1-1)

	<ul style="list-style-type: none">• Rule 4-2 LEGAL UNIFORM<ul style="list-style-type: none">○ Long sleeves are permissible. (4-2-1)○ Long pants are permissible. [4-2-1i (1)]○ Under garments are permissible, but must be unadorned and of a single, solid color similar in color to the predominant color of the uniform top or bottom. [4-2-1h (3), 4-2-1i (2)]• Rule 5-3 OFFICIALS UNIFORM AND EQUIPMENT<ul style="list-style-type: none">○ Strongly encourage the use of electronic whistles. (color of whistle not an issue)(5-3-2a, b)○ Strongly encourage the use of a cloth face covering (single solid color is preferred)○ Gloves are permissible.• Disinfecting the ball<ul style="list-style-type: none">○ It is recommended to have someone in place to disinfect the game balls between sets and during timeouts. Another option would be to have a sanitized ball at the table ready for use, if needed.• Two ball carts should be used, one for each team. Teams only use ball cart assigned.• Media, spectators etc. should practice social distancing at all times in the stands.• Site administration needs to come up with safety plans for entering and exiting courts.
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